

## Face Fit Awareness

Please ensure that you follow these six steps to fit your respirator correctly:

### 1. Prepare



Hold the respirator and separate the edges to fully open it. Bend the nose wire in the centre at the top to form a gentle curve.

### 2. Don



Position the respirator with the bottom strap at the back of your head below your ears and the upper headband on the crown on the top of your head above the ears.

### 3. Check



Ensure that the respirator is flat against your cheeks and under your chin, if not then reposition the straps until you achieve a good fit.

### 4. Mould



Mould the nosepiece across the bridge of your nose by firmly pressing down with your fingers until you have a good seal.

### 5. Fit Check



Cover the front of the respirator with both hands. For an unvalved product exhale sharply, for a valved product inhale sharply. A successful fit check is where there is no air leaking from the edges of the respirator.

### 6. Dispose



Remove the mask by holding the straps and lifting them over your head, then dispose of the mask. Do not touch the mask – it may be contaminated.

Follow your local infection control/PPE guidelines

**PPE should be worn in this area**

Please be aware that our fit testing is mask and brand specific. Ensure you are wearing the Easimask for which you received fit testing.

Additional supplies of Easimask can be ordered via NHS Supply Chain

**FSM16 BTP059 (unvalved) FSM14 BTP148 (valved).**

Alternatively the closest department stocking this product is:

Fit testing should be carried out by a trained competent fit tester.  
Your department fit tester is: